



MARCH

2021

WES, WJHS & WHS Lunch Menu



m
GROUND BEEF CRISPY TACOS
OR CHICKEN TENDERS
SALAD
PINTO BEANS
FRUIT
MILK

1.

t
TOASTED TURKEY/HAM/CHEESE
SANDWICH
LETTUCE & TOMATOES
PICKLE SPEARS
CHIPS
FRUIT
MILK

TESTING

2.

w
CORNDOG
CARROT STICKS/RANCH
CELERY STICKS
FRUIT
MILK

TESTING

3.

th
HAMBURGER (CHEESE)
FRIES
BURGER SALAD
FRUIT
MILK

TESTING

4.

f
BEAN & CHEESE BURRITO
WANGO MANGO
SALAD
FRUIT
MILK

TESTING

5.

CHICKEN NUGGETS OR TOASTED TURKEY
SANDWICH
ROLL
CARROTS
CUCUMBER SLICES
FRUIT
MILK

8.

HOTDOGS OR CHEESE NACHOS
FRIES
BAKED BEANS
FRUIT
MILK

9.

SPAGHETTI OR FAJITAS
SALAD
GREEN BEANS
GARLIC BREAD
FRUIT
MILK

10.

CHILI OR CHICO – O - BURGER
CORNBREAD
SALAD
PINTO BEANS
FRUIT
MILK

11.

CHEESE PIZZA OR
PEPPERONI PIZZA
BROCCOLI WITH RANCH
CORN
LUCKY O' FRUIT ICEE
MILK

12.

**NO SCHOOL
SPRING BREAK!**

15.

**NO SCHOOL
SPRING BREAK!**

16.

**NO SCHOOL
SPRING BREAK!**

St. Patrick's Day

17.

**NO SCHOOL
SPRING BREAK!**

18.

**NO SCHOOL
SPRING BREAK!**

19.

**STUDENTS NO SCHOOL
(STAFF WORK DAY)**

22.

MINI CORNDOGS OR TOASTED HAM
SANDWICH
BEANS
CARROT STICKS W/RANCH
FRUIT
MILK

23.

BBQ BAKED CHICKEN / ROLL
OR SLICED TURKEY/GRAVY
BROCCOLI & CHEESE
MASHED POTATOES / GRAVY
FRUIT
MILK

24.

PIZZA OR BURGER
SALAD
CORN
FRUIT
MILK

25.

GRILLED CHEESE OR
TUNA SANDWICH
TOMATO SOUP
SALAD
FRUIT
MILK

26.

SUB SANDWICH OR HOT DOG
BAKED CHIPS
CARROT STICKS
SALAD
FRUIT
MILK

29.

CRISPY CHICKEN TACOS/SALSA OR
CHALUPAS
RICE
SALAD
CHARRO BEANS
FRUIT
MILK

30.

MACARONI & BEEF OR FAJITAS
GARLIC STICK
SALAD
GREEN BEANS
FRUIT
MILK

31.

Special Announcements:

Enjoy your Spring Break!!! **Spring Break**
We'll miss you !!!



- School Breakfast Week Mar. 8-12



Food and Nutrition Division
National School Lunch Program and School Breakfast Program



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

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ECLIPSE EGGS



An eclipse happens when a planet or a moon gets in the way of the sun's light. On Earth, we can experience two kinds of eclipses: solar eclipses and lunar eclipses. A solar eclipse happens when the moon passes in front of the sun and casts its shadow on Earth, making it dark during the day. During a lunar eclipse, Earth gets in the way of the sun's light hitting the moon. That means that during a lunar eclipse, the moon will fade away from view as Earth's shadow covers it up.

CRACK THE CODE

A	B	C	D	E	F	G	H	I	J	K	L	M
1	2	3	4	5	6	7	8	9	10	11	12	13
N	O	P	Q	R	S	T	U	V	W	X	Y	Z
14	15	16	17	18	19	20	21	22	23	24	25	26

23 8 5 14 5 7 7 19 20 5 12 12

10 15 11 5 19 , 1 18 5 20 8 5 25

3 1 12 12 5 4 25 15 12 11 19 ?

Answer: When eggs tell jokes, are they called yolks?

DID YOU KNOW?

This month celebrate School Breakfast Week in Texas by starting each day with healthy Texas foods. School Breakfast Week is a great time to try foods from farms and ranches in every part of the state! There are almost 250,000 farms and ranches in Texas and that is more than any other state.

Eggs, milk, lean meat, fruit, vegetables, and whole grains can all be part of a good breakfast and they're all produced right here in Texas. Eggs are an "egg-cellent" source of choline, a nutrient your entire body needs to grow!



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